

# Top 10 Meds in Primary Care

DFM Reviews — Quick Reference Guide

| #  | Medication                 | Class                       | Primary Use                      | Key Side Effects                                 |
|----|----------------------------|-----------------------------|----------------------------------|--------------------------------------------------|
| 1  | <b>Metformin</b>           | Biguanide                   | T2DM first-line                  | GI upset, lactic acidosis (rare)                 |
| 2  | <b>Lisinopril</b>          | ACE Inhibitor               | HTN, HF, diabetic nephropathy    | Dry cough, angioedema, hyperK+                   |
| 3  | <b>Amlodipine</b>          | CCB (dihydropyridine)       | HTN, angina                      | Peripheral edema, dizziness                      |
| 4  | <b>Atorvastatin</b>        | HMG-CoA Reductase Inhibitor | Hyperlipidemia, CVD prevention   | Myalgia, hepatotoxicity                          |
| 5  | <b>Levothyroxine</b>       | Thyroid hormone             | Hypothyroidism                   | Take on empty stomach; many interactions         |
| 6  | <b>Omeprazole</b>          | PPI                         | GERD, peptic ulcer               | Long-term: Mg/Ca loss, C. diff                   |
| 7  | <b>Sertraline</b>          | SSRI                        | Depression, anxiety, PTSD        | GI, sexual dysfunction, serotonin syndrome       |
| 8  | <b>Amoxicillin</b>         | Penicillin                  | AOM, sinusitis, strep            | Rash, diarrhea, allergy                          |
| 9  | <b>Hydrochlorothiazide</b> | Thiazide diuretic           | HTN, edema                       | HypoK+, hyperuricemia, photosensitivity          |
| 10 | <b>Prednisone</b>          | Corticosteroid              | Inflammation, asthma, autoimmune | Hyperglycemia, osteoporosis, adrenal suppression |

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